

MT SAMLEN

Starting point: Asleite, 4.6 km north of the centre of Herand along route 550.

Parking: Along the road or a slightly further south on the highest point of the road.

Parking fee: free Length: 5 km

Total ascent: 470 meters Total walking time: 3 hours

Season (average year): May - November





About the trail:

The view at the top is spectacular, but it takes some effort to get there. Partly very steep, including a ladder and some rocky and wet parts. This is a perfect challenge for an evening hike in the summer.

CULTURAL TRAIL IN HERAND

Starting point: 200 meters north of the centre of

Herand.

Parking: parking lot near the old sawmill (oppgangssaga).



Total ascent: 140 meters

Total walking time: 1.5 hours

Season (average year): All year (except when there is snow and ice).

About the trail:

Parking fee: free

Length: 3 km

From the parking place, pass the bridge, continue on a gravel road through a farm yard, then you are on the marked trail. Along the route there are several information boards. Interesting geology and flora. Some steep parts have stairs. Along the trail, there are benches for breaks.

