

Trondsbu – Stigstuv

20

- excellent hike with kids into Hardangervidda National Park



Lake Tinnhølen. ©Heidi Kvamsdal

Starting point: Drive 12 km southwards from route 7 at Tråstølen. Start from the northern tip of Lake Tinnhølen.



Medium

Parking: At Tinnhølen close to Trondsbu mountain lodge.

Parking fee: free parking, NOK 100 toll road (cash and card payment).

Length: 6.5 km (one way)

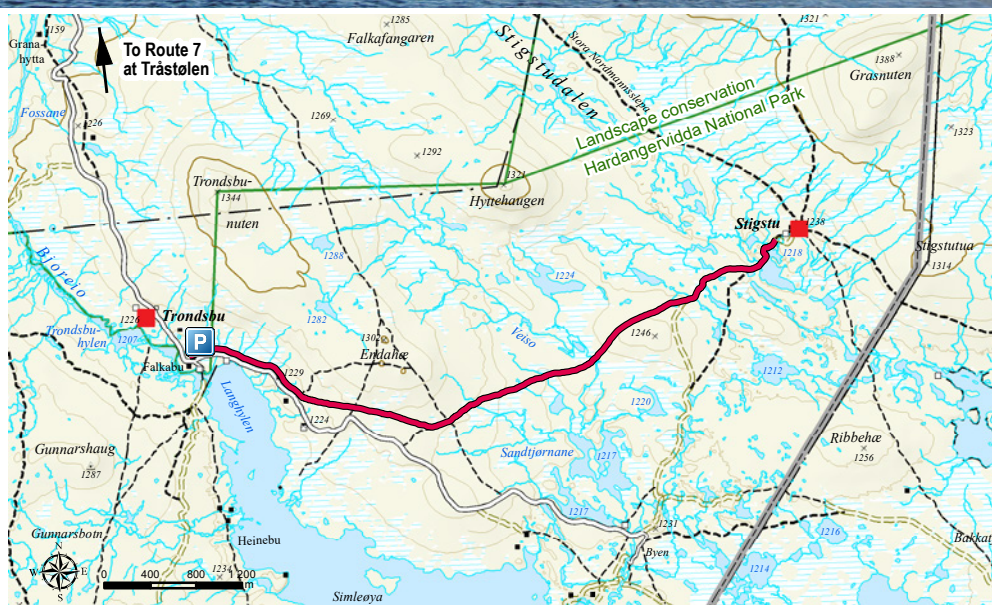
Total ascent: 100 meters

Total walking time: 4 hours

Season (average year): July – August

About the trail:

Walk along the road at Tinnhølen for some hundred meters, then follow the T-marked trail to Stigstuv. Relatively easy hike through high mountains, well suited for families with kids. Always check the weather forecast before hiking in the high mountains. Both Trondsbu mountain lodge and Stigstuv mountain lodge offer meals. Please check opening hours with the tourist information in Eidfjord.



At Stigstuv mountain lodge. ©Stigstuv Turisthytta



Eidfjord kommune

Tourist information:

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